



**EUROPEAN COMMISSION**  
HEALTH AND CONSUMERS DIRECTORATE-GENERAL

Brussels, 16 December 2008

**WORKING DOCUMENT ON  
THE SETTING OF NUTRIENT PROFILES**

**Prepared by the Commission services**

## Table of content

1. INTRODUCTION.....	3
2. EXEMPTIONS.....	4
3. SPECIFIC CONDITIONS.....	4
4. SPECIFIC NUTRIENT PROFILES AND CONDITIONS OF USE, WHICH FOOD OR CERTAIN CATEGORIES OF FOOD MUST COMPLY WITH IN ORDER TO BEAR NUTRITION OR HEALTH CLAIMS .....	5
5. TESTING .....	6
6. RESULTS.....	7

## **1. INTRODUCTION**

Regulation (EC) 1924/2006 foresees the setting of nutrient profiles, via the regulatory committee procedure with scrutiny by January 2009.

Following discussions with Member States experts on 27 October and 21 November, and with stakeholders on 28 November 2008, please find enclosed a working document of DG Health and Consumers with updated proposals for the setting of nutrient profiles, as foreseen by Regulation (EC) 1924/2006.

Written contributions from Member State asking for more time to consider the different options were received after the meeting. The present document takes account of the written contributions sent by Member States experts until 16 December 2008.

This document will be the basis for the exchange of view in the next meeting of the Standing Committee on the Food Chain and Animal Health on 18 December, and of the Working Group with experts from Member States on 19 December 2008.

## 2. EXEMPTIONS

Exemptions/derogations from the requirement to respect established nutrient profiles, or adjusted nutrient profiles is envisaged for certain foods or categories of foods depending on their role and importance in the diet of the population:

- The following foods or food categories could be exempted to comply with the nutrient profiles referred to in Article 1 where they bear nutrition or health claims:
  - Fruits, vegetables and their products, presented fresh, frozen, dried, or under any other form in so far as they contain no added sugars, salt or fat;
  - Food supplements as defined in Article (2)(a) of Directive 2002/46/EC<sup>1</sup>.
- The following dietetic foods could be exempted to comply with the nutrient profiles with regard to their nutrients for which levels are already regulated:
  - Cereal-based foods and baby foods intended for infants and young children covered by Commission Directive 2006/125/EC<sup>2</sup>;
  - Foods intended for use in energy-restricted diets for weight reduction covered by Commission Directive 96/8/EC<sup>3</sup>;
  - Infant formulae and follow-on formulae covered by Commission Directive 2006/141/EC<sup>4</sup>;
  - Dietary foods for special medical purposes covered Commission Directive 1999/21/EC<sup>5</sup>.

## 3. SPECIFIC CONDITIONS

For food in dried form, such as milk powder and preparations for instant drinks to be reconstituted with water or milk and for foods in concentrated forms such as fruit syrup, nutrient profiles could apply to the food as reconstituted following manufacturer instructions.

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<sup>1</sup> OJ L 183, 12.7.2002, p. 51. Directive as amended by Commission Directive 2006/37/EC (OJ L 94, 1.4.2006, p. 32).

<sup>2</sup> OJ L 339, 6.12.2006, p. 16

<sup>3</sup> OJ L 139, 31.5.2007, p.22

<sup>4</sup> OJ L 401, 30.12.2006, p.130.

<sup>5</sup> OJ L 91, 7. 4. 1999, p.29.

**4. SPECIFIC NUTRIENT PROFILES AND CONDITIONS OF USE, WHICH FOOD OR CERTAIN CATEGORIES OF FOOD MUST COMPLY WITH IN ORDER TO BEAR NUTRITION OR HEALTH CLAIMS**

Food category		Specific conditions	Thresholds		
			Sodium (mg/100g or 100ml)	Saturates (g/100g or 100ml)	Sugars (g/100g or 100ml)
Vegetable oils and spreadable fats as defined in Council Regulation (EC) No 2991/94		-	500	30	-
Fruits, vegetables, nuts, and their products		Minimum 50g of fruit, vegetable or nut per 100g of finished products	400	5	15
Meat or meat products		Minimum 50g of meat per 100g of finished products	700	5	-
Fish or fishery products		Minimum 50g of fish per 100g of finished products	500	10	-
Dairy products	Dairy products, except cheeses	Minimum 50g of dairy constituent per 100g of finished products	300	2,5	15
	Cheeses		600	10	15
Cereal and cereal products	Cereal and cereal products except breakfast cereals	Minimum 50g of cereal per 100g of finished products	400	5	15
	Breakfast cereals		500	5	25
Non alcoholic beverages		Insofar as they do not qualify for one of the above mentioned food categories	-	-	8
Ready meals, soups and sandwiches		Minimum 200g per serving size  Minimum 2 of the following:  - 30g fruits, vegetable and/or nuts, 30g cereals, 30g meat, 30g fish and/or 30g milk	400	5	10
Other foods		Insofar as they do not qualify for one of the above mentioned food categories	300	2	10

## 5. TESTING

The thresholds were tested using the following values in the testing tool, including the additional line on ready meals:

**Table 4:** threshold values<sup>6</sup> for the testing tool<sup>7</sup>

<b>Food category</b>	<b>Energy (kcal/100g)</b>	<b>Sodium (mg/100g)</b>	<b>Saturated fat (g/100g)</b>	<b>Sugars (g/100g)</b>
Beverage (non-milk)	901	100000	101	8
Juice or nectar	901	100000	101	15
Egg or egg product	901	300	2	10
Fat or oil	901	500	30	101
Fruit or fruit product	901	400	5	15
Grain or grain product	901	400	5	15
Bread	901	400	5	15
Breakfast cereals	901	500	5	25
Meat or meat product	901	700	5	101
Milk, milk product or milk sub,	901	300	2,5	15
Cheese	901	600	10	15
Imitation milk products	901	300	2	10
Miscellaneous product	901	300	2	10
Nut, seed or kernel	901	400	5	10
Seafood or related product	901	500	10	101
Sugar or sugar product	901	300	2	10
Vegetable or vegetable product	901	400	5	15
Ready meal, soup, sandwich	901	400	5	10

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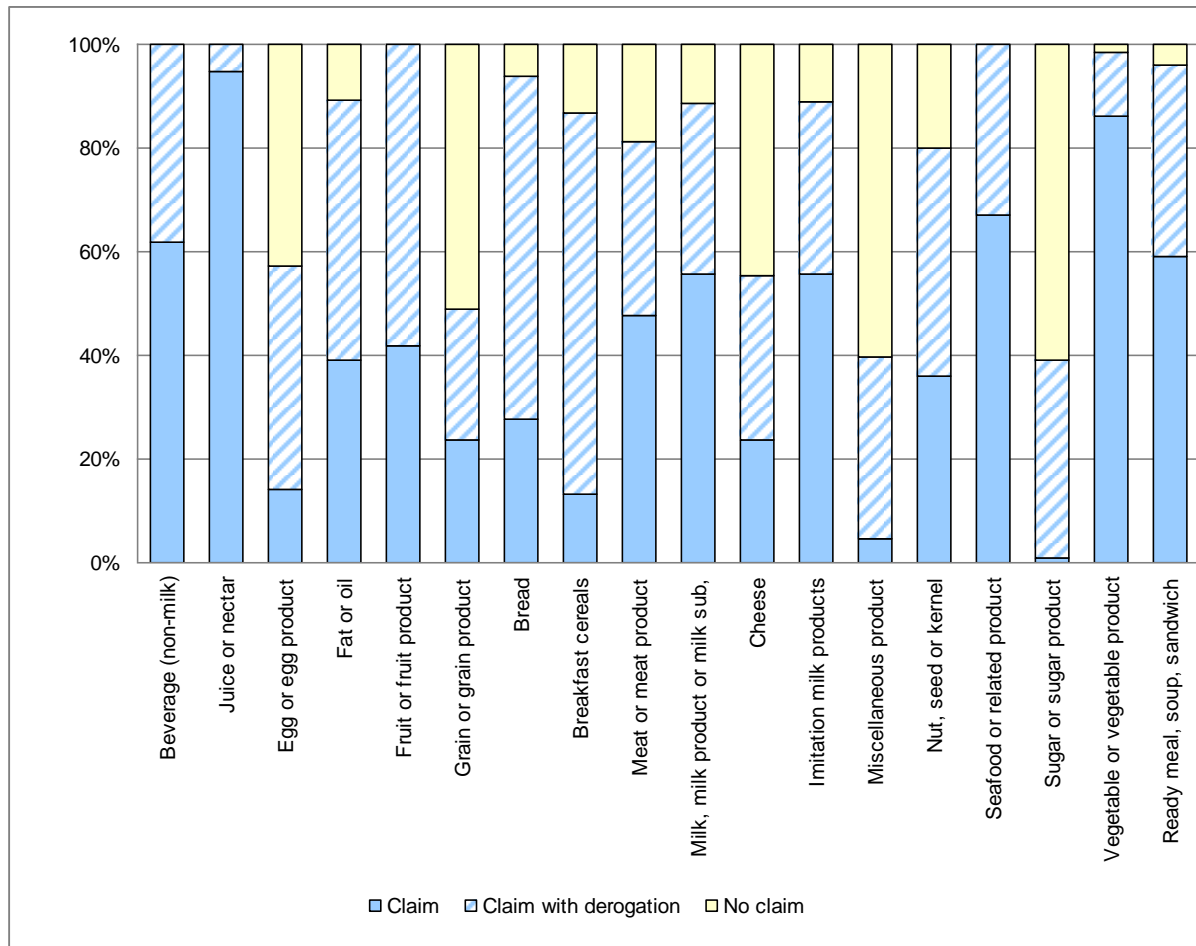
<sup>6</sup> Values 901 for energy, 100000 for sodium, 101 for saturated fat and sugars are entered to inactivate a criterion for a given category.

<sup>7</sup> The testing tool was modified to include a line for specific thresholds for ready meals

## 6. RESULTS

The results are summarised in the following graphics. The testing tool should be used to access detailed results.

**Graphic 1:** Eligibility of foods based displayed using adapted Eurofir categories



**Graphic 2:** Eligibility of foods within food categories – results displayed with adapted Eurofir categories and subcategories

